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# The "CAT"

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***"MAKE YARMOUTH THE SAFEST COMMUNITY IN THE REGION"***

*Chief Frank Frederickson*

## CHAIRMAN'S MESSAGE

By: Lee Hawkins, Neighborhood Crime Watch Chairman

Well, we had our first snow, spring can't be far behind. Welcome to Lynda Bedard, one of our newest block captains, and her block on Freeboard Lane, Knollwood Drive and Brattle Drive in Yarmouth Port. We had another training session this month with 6 more people starting the process to become block captains. Remember to check our web site and see if you are in one of our blocks. If not, then contact us and we will let you know when we schedule the next training session in January.

This is a good time of year for wellness checks on anyone in your neighborhood who may need help. For anyone with mobility problems, winter can be a tough season, especially if they live alone.

Happy Thanksgiving to all, stay safe and warm.

## MEET THE BLOCK CAPTAIN

### Lynda Bedard - YP41

Lynda has been a Massachusetts resident her entire life. She became a full time resident of Cape Cod in 2012. Lynda is the owner of Cape Cod Custom Build, Inc. and has an amazing team that works with her everyday. The CCCB team travels throughout Cape Cod and is passionate about the labor and design that goes into all of our homes. She became a neighborhood crime watch block captain this year in our quaint town of Yarmouth Port. Lynda has the utmost respect and admiration for our Fire, EMS and Police Departments and feels that it is important to stay connected with them as an individual and as a neighborhood. Lynda is confident that this relationship will prove positive for everyone involved.

## THANK YOU YARMOUTH POLICE FOUNDATION

Source: Steven G. Xiarhos, Deputy Chief of Police

YPD THANK YOU THURSDAY thanks the Yarmouth Police Foundation for everything they do for the men and women of the Yarmouth Police Department and the citizens and guests of the Town of Yarmouth.

Since its inception only a few years ago, the Yarmouth Police Foundation has purchased and donated the following items to be used on duty by Yarmouth Police Officers and Police Dogs:

- High Visibility Rain Jackets $14,000
- Fully Heated and Cooled Police K9 Kennel $30,000
- Fully Trained K9 Satu $3,000
- K9 Camera $32,000
- Search and Rescue Drone $8,000
- MILO Use of Force System $62,000

The Yarmouth Police Foundation is currently raising funds for 'Operation Stronger Shield' which will build a $1.2 million Training Complex on the grounds of Yarmouth Police Department Headquarters in memory of Sergeant Sean M. Gannon.

For additional information about the Yarmouth Police Foundation, or to join, or make a donation, please visit www.yarmouthpolicefoundation.org.

## YARMOUTH POLICE SEEK ACADEMY CERTIFIED POLICE OFFICERS

Source: Steven G. Xiarhos, Deputy Chief of Police

The Yarmouth Police Department will be hiring outstanding individuals to join our Award Winning Department to serve and protect our community.

Applicants MUST have a Full-Time Massachusetts Municipal Police Training Committee Academy Certificate and ONE of the following:

- 2 Years Fulltime Police Experience
- 60 College Credits
- Active Duty Military
- Veteran with Honorable Discharge

A competitive application process will be used.

If you meet or exceed the above qualifications and you want to earn a chance to join us, please contact Lieutenant Michael A. Bryant at mbryant@yarmouth.ma.us

The deadline for registration is Friday November, 30, 2018 at 4PM.

The Town of Yarmouth is an Equal Opportunity Employer.

# SURVIVING AN ACTIVE SHOOTER EVENT

Source: Steven G. Xiarhos, Deputy Chief of Police

This bulletin created by the Yarmouth Police Department from information derived from the United States Department of Homeland Security, describes what to do if you find yourself in an Active Killer event, how to recognize signs of potential violence around you, and what to expect after an active shooting takes place.

Remember during an Active Killer Attack to AVOID (RUN). DENY (HIDE). DEFEND (FIGHT).

## BE INFORMED

- Sign up for an Active Killer Training.
- If you see something, say something to an authority right away.
- Sign up to receive local emergency alerts and register your work and personal contact information with any work sponsored alert system.
- Be aware of your environment and any possible dangers.

## MAKE A PLAN

Make a plan with your family, and ensure everyone knows what they would do, if confronted with an Active Killer.

Look for the two nearest exits anywhere you go, and have an escape path in mind and identify places you could hide.

Understand the plans for individuals with disabilities or other access and functional needs.

## DURING

- *AVOID - RUN* and escape, if possible.
- Getting away from the Killer or Killers is the top priority.
- Leave your belongings behind and get away.
- Help others escape, if possible, but evacuate regardless of whether others agree to follow.
- Warn and prevent individuals from entering an area where the Active Killer may be.
- Call 911 when you are safe and describe the Killer, location and weapons.

- *DENY - HIDE* if escape is not possible.
- Get out of the Killer's view and stay very quiet.
- Silence all electronic devices and make sure they won't vibrate.
- Lock and block doors, close blinds, and turn off lights.

- Don’t hide in groups- spread out along walls or hide separately to make it more difficult for the Killer.
- Try to communicate with police silently. Use text message or social media to tag your location, or put a sign in a window.
- Stay in place until law enforcement gives you the all clear.
- Your hiding place should be out of the Killer's view and provide protection if shots are fired in your direction.

- *DEFEND - FIGHT* as an absolute last resort.
- Commit to your actions and act as aggressively as possible against the Killer.
- Recruit others to ambush the Killer with makeshift weapons like chairs, fire extinguishers, scissors, books, etc.
- Be prepared to cause severe or lethal injury to the Killer.
- Throw items and improvise weapons to distract and disarm the shooter.

AFTER

- Keep hands visible and empty.
- Know that law enforcement’s first task is to end the incident, and they may have to pass injured along the way.
- Officers may be armed with rifles, shotguns, and/or handguns and may use pepper spray or tear gas to control the situation.
- Officers will shout commands and may push individuals to the ground for their safety.
- Follow law enforcement instructions and evacuate in the direction they come from, unless otherwise instructed.
- Take care of yourself first, and then you may be able to help the wounded before first responders arrive.
- If the injured are in immediate danger, help get them to safety.
- While you wait for first responder to arrive, provide first aid. Apply direct pressure to wounded areas and use tourniquets if you have been trained to do so.
- Turn wounded people onto their sides if they are unconscious and keep them warm.
- Consider seeking professional help for you and your family to cope with the long-term effects of the trauma.

In addition, here is the link to an important Run Hide Fight training video:

https://www.youtube.com/watch?v=p4IJA5Zpzz4

## 9 Auto Theft Tips to Thwart Auto Thieves

Source: Plymouth Rock Insurance

Thieves in 2016 stole about 765,500 vehicles in the U.S., according to the FBI. The value of those stolen vehicles? About $5.9 billion.

The good news is that car thefts have been trending down in the past two decades as car technologies, law enforcement tactics and antitheft devices continue to improve, according to the Insurance Information Institute.

But … lots of vehicle thefts still happen. While technology can certainly help to keep your car safe, there are some everyday things you can do to even further protect your car. Here are nine auto theft prevention tips to help keep your car from being stolen:

- Never leave your keys, or your electronic fob, in the car. Ever. Even if you think you're hiding them.
- Never hide your keys outside of your car. Thieves know every hiding trick in the book.
- Make sure all doors are locked and windows are up when parking your car.
- Park in a busy, well-lit area.
- Keep valuables, packages or shopping bags out of plain view. Those are thief magnets and those goodies are added sweeteners.
- Never leave your vehicle running unattended — not even for a few minutes.
- Park with your vehicle's wheels turned toward the curb. This makes it harder for a thief to drive off quickly.
- Keep your vehicle's title at home or in another safe location — not the car. If a thief has your car and title it will be easier to sell and harder for you to prove ownership.
- Install an aftermarket antitheft device. This option is an additional cost, but it could also help you save with a discount on your car insurance from Plymouth Rock.

What should you do if your car is stolen? You will need to immediately report the theft to local law enforcement and alert your insurance carrier. You should also be ready with a few additional pieces of information that both police and your car insurer will ask for:

- VIN (vehicle identification number)
- License plate number
- Specific information about your car (make, model, year, any unique identifiers)
- Driver's license information for the owner of the car

You should know that comprehensive coverage is typically the portion of your policy that will cover a vehicle theft. That's important because comprehensive coverage isn't usually a mandatory coverage and not everyone has it. Check out your policy, talk to your insurer or local agent to find out if you have it or not.

## SAVE THE DATE

Upcoming Events

| Event | Location | Date | Time |
|---|---|---|---|
| Yarmouth Port Christmas Stroll | Historic Society of Old Yarmouth | December 2, 2018 | 1:00 - 4:00 PM |
| NCW Meeting | YPD | December 12, 2018 | 10:00 AM |

## Subscribe to the CAT

If you would like to get your own copy emailed to you as a pdf each month, subscribe at www.yncw.org/cat.

## SHARE THE CAT

Block captains are requested to ensure that their members get a copy of the CAT. You can email them a copy or sign them up for a subscription. Block captains will get a copy automatically and do not need to subscribe.

The CAT is a newsletter from the Yarmouth Police Community Advisory Team (YPCAT) relating to happenings in the Neighborhood Crime Watch Program and the community.

**Do you have an article you would like to see published in the CAT, or an idea for us to include? If so, contact us at cat@yncw.org.**

**Interested in learning more about, or joining Yarmouth Neighborhood Crime Watch—Visit our web site www.yncw.org . Here you can find out if you are in a current block, and learn more about the program and how to start your own block. You can also contact us at info@yncw.org.**